

7th INTERNATIONAL YOGA DAY

on 21 June 2021

at Mewar University

Yoga works as a bridge between body, soul, and mind. It is very necessary to understand the purpose of life and how to survive in the changing environment.

On the occasion of 7th International Yoga Day, Mewar University, Chittorgarh collaboration with NSS unit organized series of the events following the COVID -19 guidelines. To raise the awareness not only in India but also worldwide about the benefits of Yoga in general life, Mewar University organized an International e-conference on Yog, Ayurved, Naturopathy, spiritual and innovative research during the global fight against the COVID-19. In this unique virtual conference, more than 70 national and international speakers and 600 participants participated in combined aegis of Mewar University, Chittorgarh, Patanjali University Haridwar, Gurukul Kangri University Haridwar, Mangalayatan University, Aligarh, Ayurvedic medicine application and more pressing issues were discussed.

Dr. Ashok Kumar Gadiya, chairman, Mewar University said that Yoga is the ultimate solution of almost all human problems. He also said that miracle can be possible with Yoga practice. Pro-President Dr. Sarvottam Dixit said that Yoga controls the inconsistency of the mind & full command of mind results in salvation. D.G. Anandvardhan Shukla also appreciated the efforts of Mewar University to organise this conference. Prof. K.V.S.M. Krishna said Yoga makes your life easy even in this covid-19 pandemic situation. It is the best way to relax and ease yourself. Mewar University has sent a positive message to the world through this international e-conference.



In between students and staff of Mewar university presented their wonderful yogasans and everyone appreciated them. All speakers motivated the students and attendees.

In continuation the students and staff member of Mewar University celebrated the yoga day at their surroundings by motivating their neighbours through practicing various yogasans and telling them about the benefits of each yogasans, also followed the COVID protocol of social distancing. University also uses social media platform to promote the yoga practice.



MEWAR UNIVERSITY CHITTORGARH



A Report on Martyr's Day (Shaheed Diwas)
23rd March, 2021

Every year 23 march is observed and celebrated as “Shaheed Diwas” with great passion and unity across India. The NSS Unit of Mewar university had jointly organized “Shaheed Diwas” is celebrated in remembrance of the three revolutionaries of India who were hanged to death by the British namely Bhagat Singh, Shivaram Rajguru and Sukhdev Thapar. This day is widely celebrated across India to honor these men who lost their lives serving mother India. In this occasion, NSS volunteers & staff members go to the Government School of adopted village Mann Singh ka Khera and organized a quiz about the Martyr's day. The Pro V C Mr Anand Vardhan Shukla gave cash prize to winner students and delivered interacting speech with a good response from students.. On the behalf of Mewar University, the stationary items and portraits of freedom fighters for each class rooms are distributed. The NSS volunteer spread the awareness of COVID 19 also.

To make this event successful, Pro V C Mr. Anand Vardhan Shukla, NSS Coordinator Dr Jyoti Singh Raghav, Ms. Nitu is present there.



MEWAR UNIVERSITY, CHITTORGARH

Netaji Subhash Chandra Bose Jayanti Celebration on 23 January 2021

With the objective to propagate the principles of patriotism, courage as well as develop mental strength in the face of people of India, the students of Mewar University Chittorgarh has celebrated Netaji Subhash Chandra Bose's 125th Birth anniversary with much respect to this legend who inspires us all on every single day of our life. Programme was started with lamp lightening by chief guest Dr. Chitrlekha Singh emeritus professor fine arts, D.Lit, Shri Lokesh Sharma, associate professor in political science, and other dignitaries.

Patriotic and elegance group song was performed by pharmacy students Md. Zulphakar Ali, Aftab alam, Neha Nahid, Sana Nusrat Perween, Farhana Tabassum, Gautam Mishra, Mohammad Sufian, Sonu Kumar. It was very enthusiastic and passionate performance which made audience feel proud towards sacrifices of our national Hero's as well as our country too.

Dr. Chitrlekha Singh has detailed lighted on national movements of Netaji Subhash Chandra Bose. She also told we should follow his ideas to make better society and nation as well. She committed about to make museum on this great leader in their concern fine art department so entire state may benefitted. She also states that Sculpture department will modeled a attractive sculpture on Netaji. She will write to Indian government to bring back the Netaji's girl at India on the behalf of Mewar University. Her speech made us more proud and respectful to Netaji Subhash Chandra Bose.

In the continuation of this program, Nitish Kumar Mahto performed a patriotic dance. Speech part was done by Tausif Alam. He illustrated life cycle and freedom movements of legend Netaji. He also states that Netaji Subhash Chandra Bose was a great nationalist and a freedom fighter and fought for India's freedom with bravery. He also participated in civil disobedience movement and became a member of Indian national congress. Later he became president of Indian National Congress in 1939. The Azad Hind Army was formed in Netaji Subhash Chandra Bose in 1942. He was huge influenced by the Swami Vivekanand and Ramakrishna Paramhansa. He has given the famous slogan "Tum mujhe khoon do mein tumhe azadi dunga". He also wrote a book entitled with "The Great Indian Struggle".

Anchoring was done by pharmacy students Muskan Kumari and Sachin Kumar Singh.

With pay homage to Netaji, remember his patriotic words and work hard towards the nation, convert his vision into reality, National Service Scheme Coordinator Dr. Jyoti Singh Rahgav has given heartily vote of thanks to assembly and specially pharmacy department.

The objective of this Programme was to generate patriots in mass and it occurred by above mentioned events.



MEWAR UNIVERSITY CHITTORGARH



COVID -19 SECOND DOSE VACCINATION CAMP on 23-06-2021

A Covid-19 free vaccination camp was organized in the association with district on June 23, 2021 in Mewar University campus. The camp was open for nearby area people, current students, their parents, ex-students and staff. The Mr Govind Lal Ji Gadiya, Chairman, Mewar Education Society, Mr. Anand Vardhan Shukla Pro VC flagged off the camp with a prayer for safety and protection. A team of Para-medical staff in the presence of a doctor administered the Covaxin vaccine to approx 100 registered candidates. The paramedical students undertook a training conducted by the Health department, Government to take care of the logistics on June 23, 2021.

The University administration remains indebted to Gangrar Khand CMO for enabling the University to help its students and staff. It looks forward to an opportunity to organize a similar camp to administer the second dose of Covaxin as most participants received the first dose. Dr Jyoti Singh Raghav NSS Coordinator, Dr Fiaq HOD Paramedical Department and Ms Nitu Program Officer and NSS volunteers played an important role in making this camp a success. All persons congratulated the NSS team and Paramedical Department for the successful organization of the camp.



MEWAR UNIVERSITY CHITTORGARH



COVID -19 FIRST DOSE VACCINATION CAMP on 10-04-2021

According to the suggestions of Dr. Ashok kumar Gadiya, Chancellor Mewar University, NSS and Paramedical Department to provide benefit of vaccine to more and more people timely. Vaccine camp was organized. This vaccination camp was organized for the persons aged 18 years and above in which mainly nearby areas people, college students, staff and family members participated and got immunization done. During this all protective measures related to Covid-19 were adopted. The camp had successfully completed under the guidance Mr. Anand Vardhan Shukla Pro VC Mewar University. Mr Govind Lal Ji Gadiya, Chairman, Mewar Education Society, said that if we want to defeat corona, then it is necessary to get ourselves and our family vaccinated, vaccine is your protective shield to fight the corona epidemic. He said that by developing a collective immunity by getting more and more vaccinations, we will be able to save the society from the coming danger of Corona in future. Apart from this, habits like Covid style like mask, two yards, hand and mouth cleaning are very important even after vaccination. In this vaccination camp, Dr Ashok Dhaker, Chief Medical Officer Gangrar and his team were vaccinated first dose against Covid Vaccine. 172 people were vaccinated under this camp, which was encouraging for the organizers of the camp. Dr Jyoti Singh Raghav NSS Coordinator, Dr Fiaq HOD Paramedical Department and Ms Nitu Program Officer and NSS volunteers played an important role in making this camp a success. All person congratulated the NSS team and Paramedical Department for the successful organization of the camp and encouraged them to conduct such activities in future also.

